

Saint Michael's Catholic Parish



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www.nelsonbaycatholicchurch.com
Diocese of Maitland-Newcastle

Second Sunday of Lent Year A 1 March 2026

We acknowledge the Worimi people – the traditional custodians of this land.
Lord, let your mercy be on us, as we place our trust in you.

WEEKEND MASS TIMES

Reconciliation:
Saturday
4.00pm - 4.45 pm
Saturday Vigil: 5:00 pm
Sunday Mass: 8.30 am
Exposition and
Adoration
One Hour before Mass

WEEKDAY MASS

Tuesday 5.00pm
Wednesday 9.15am
Thursday 5.00pm
Friday 9.15am

NURSING HOME MASSES

Every Second Wednesday
10.30 am Uniting.
Muller Street
Salamander Bay

Every Third Thursday
10.00am Regis Aged Care
Corlette.

Every Forth Thursday
10.00am Harbourside
Shoal Bay.

PARISH CONTACTS

PARISH PRIEST:

Fr. Anthony Nguyen
Phone: 0420 401 025

PARISH DEACON:

Dcn Gerard McCarthy

PARISH SECRETARY:

Mrs Dianne Maricic
Parish Office Hours
9.30 am to 3.00 pm
Wednesday to Friday
Phone: 0401 233 650

ST MICHAEL'S PRIMARY SCHOOL PRINCIPAL:

Ms Helen Bourne
Office: 4981 1111

COMMUNITY SAFETY AT OUR MASSES

Please be assured that we are doing all we can to ensure our gatherings are as safe as possible:

- Please do not enter the church or other parish buildings if you are unwell. This includes meetings/gatherings.
- No density limits apply in Places of Worship but please allow space between people where possible.
- Please continue to hand sanitise.
- HOLY WATER is now available and is changed regularly.

AN INVITATION TO BE PART OF THE 2026 LENTEN PROGRAM

Wednesday mornings after mass, Fr. Anthony is hosting a 2026 Lenten Program at the Multipurpose room during Lent. Please contact the parish office or Fr. Anthony if you need any information.

STATION OF THE CROSS - FRIDAY, 20th FEBRUARY 2026

Friday's during Lent, we begin the Stations of the Cross at 8.45am before Mass. Please join us.

If you would like to lead the Stations of the Cross, please put your name on the clipboard at the church entry.

FORMATION FILM AT THE DIOCESAN

Resource Centre - Saturday 7 March, 11am
Cnr Parry & Tudor Streets, Newcastle West

Join us as we watch and discuss the 2024 release film Small Things Like These. Lunch will be served after the film screening. Reservations Request <https://froms.office.com/r/09ssQTV68X> or call Mary on 02 4923 0682.

MEDITATION

Christian meditation is the process in which we take time to become aware of our infinite potential in the context of the Christ event. Christian meditation is on every Friday at 10.00 am in the multi-purpose room at the back of the Church. Everyone is welcome to attend.

ST MICHAEL THE ARCHANGEL PRAYER

Saint Michael the Archangel,
defend us in battle.
Be our protection against
the wickedness and
snares of the devil;
May God rebuke him,
we humbly pray;
And do thou,
O Prince of the
Heavenly Host,
by the power of God,
cast into hell Satan
and all evil spirits
who roam the world
seeking the ruin of souls.
Amen.

**ST MICHAEL'S CATHOLIC CHURCH - NELSON BAY
PROMOTES SAFEGUARDING, WHICH INVOLVES THE IMPLEMENTATION OF
PROACTIVE, COMMON SENSE AND PRACTICAL IDEAS THAT ENSURE THE SAFETY OF
CHILDREN AND VULNERABLE ADULTS IN OUR COMMUNITY.
SAFEGUARDING PROMOTION: FOR ALL SAFEGUARDING CONCERNS WITHIN THE
PARISH, PLEASE CONTACT: FR. ANTHONY, DEACON GERARD AND DIANNE
MARICIC.**



Second Sunday of Lent
28 February – 1 March 2026



Sisilia is a 13-year-old girl living in remote Tanzania, who had to walk long distances to collect water every day. Thanks to Project Compassion, Sisilia's school and village now have safe clean water close by and she can spend more time studying so she can fulfil her dream of one day becoming a pilot.

Please donate today.

You can support Project Compassion 2026 through the donation boxes, envelopes or by scanning the QR code.

Or online at: www.projectcompassion.org.au/donate

Or by calling: 1800 024 413

Thank you for standing with us, as we *Unite Against Poverty this Lent.*

PASCAL TRIDUUM / EASTER MASSES TIMETABLE

† Tuesday, 31 st March	Chrim Mass	7.00 pm – (Sacred Heart Cathedral, Newcastle)
† Wednesday, 1 st April	Holy Week	9.15 am
† Thursday, 2 nd April	Mass of the Last Supper	6.00 pm
	Adoration followed until	8.00 pm
† Friday, 3 rd April	Stations of the Cross	10.00 am
	The Lord's Passion	3.00 pm
† Saturday, 4 th April	Holy Saturday Vigil	5.30 pm
† Sunday, 5th April	Easter Sunday	7.00 am and 8.30 am

LAUNCH OF 2028 SYDNEY INTERNATIONAL EUCHARISTIC CONGRESS AND HOLY HOUR

Sunday, 1 March 2026, has been chosen as the day to launch the 2028 Sydney International Eucharistic Congress as part of the three-year journey towards the congress 2026 - 2027 - 2028 with each year having a particular focus.

On Sunday, 1 March 2026 every parish in the Archdiocese of Sydney will be asked to hold a Holy Hour following Mass, and all other parishes across the country are encouraged to do likewise.

Therefore, this Sunday our parish will hold a Holy Hour of Eucharistic adoration from 7.00am to 8.15am.

LENTEN RECONCILIATION (CONFESSION)

Tuesday 4.00pm – 4.50pm, Wednesday 8.00am – 9.00am, Thursday 4.00pm – 4.50pm, Friday 8.00am – 9.00am, Saturday 4.00pm – 4.45pm, Sunday 7.00am – 8.15am.

NEXT SUNDAY
3rd Sunday of Lent
Year A

First Reading
Exodus 17:3-7

Responsorial Psalm
If today you hear his voice, harden not your hearts.

Second Reading
Romans 5:1-2. 5-8

Gospel
John 4:5-42

PRAYERS PLEASE

In your mercy, please pray for those who have died recently Yacob Misuari, Jim Thompson, Jessie Attard and those whose anniversaries occur around this time: Alejandro Bandilla, Joseph Fenwick, Chris Norman, Vinolia Pasnin, Lolita and Andrews Quinajon and for the sick in our parish: Robyn Harris, Lorraine McCourt, Justin Fox, Joe Garreffa, Brenda and Brian Tucker, Sarlic Trumbli, Maureen Noonan, Clemente Quinajon, David Berkeley, Anna Tan, Johny and Alexander Vella and David Campbell.

Masses will be offered on request. Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.

Names on the Sick List will be removed after 4 weeks unless otherwise advised.

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ST. JOSEPH MEN & FULL OF GRACE COLLECTIVE
PRESENTS

LENTEN RETREAT

at Belmont

FEATURING INTERNATIONAL
GUEST SPEAKERS



Joelle Maryn



Charbel Raish

15 MARCH 2026

St. Francis Xavier's Church,
40 Ernest Street, BELMONT

SUN 10AM - 4PM

FREE EVENT

SCAN HERE TO
REGISTER



or PRESS DOWN ON QR
CODE AND OPEN IN SAFARI

This retreat will include inspiring talks from special guest speakers, Eucharistic Adoration and Reconciliation led by the Parish Priest Fr. Gerard Mackie, Praise and Worship, and a women's and men's session. Attendees are invited to attend the Parish Mass at 9am.

Morning tea and lunch will be provided.

Children's ministry will be available.

Books and devotional items for sale.

Cash donations are welcomed.

Please RSVP by March 12th, for catering purposes.

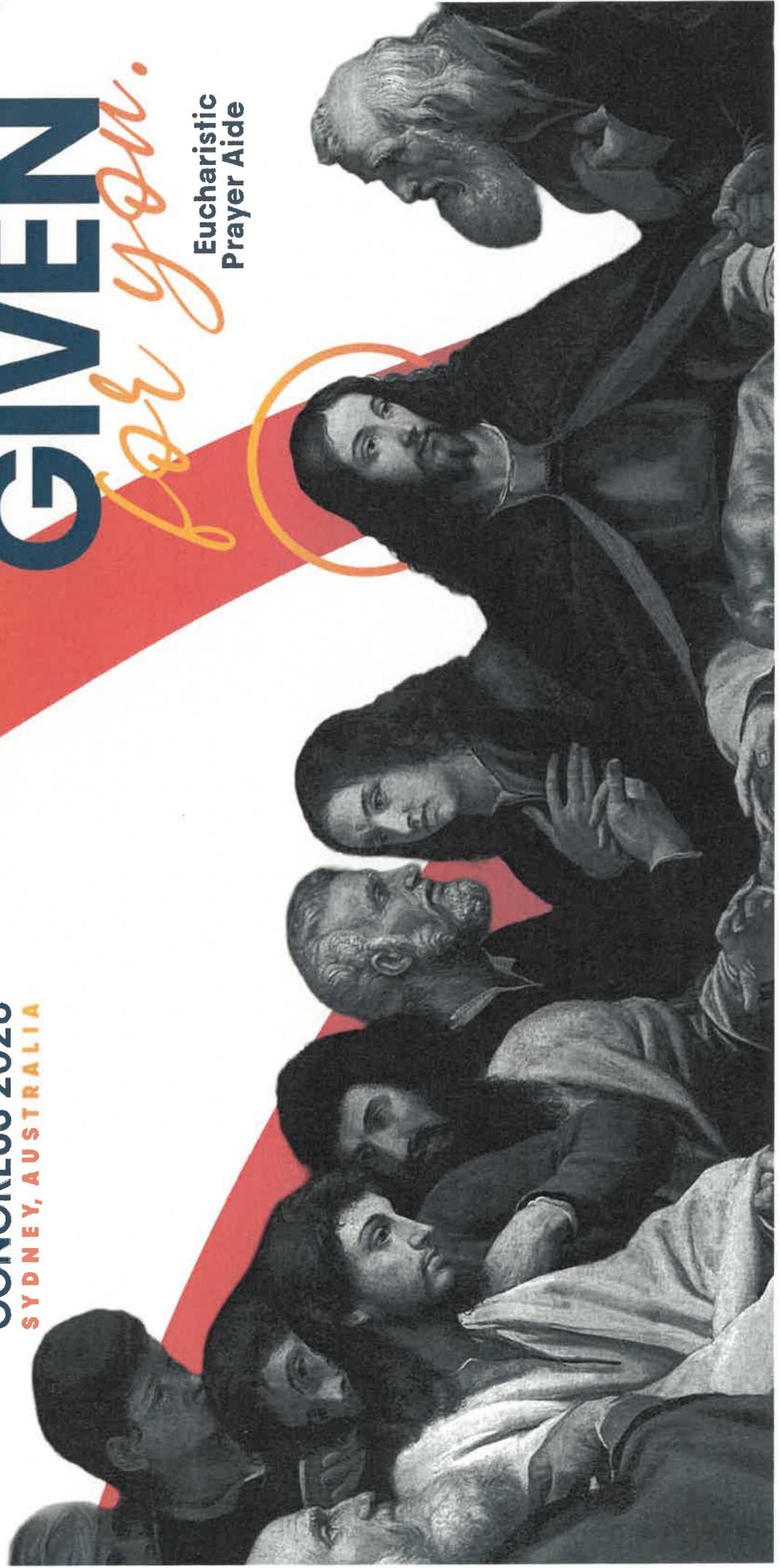
FOR MORE INFO: Bernadette Barlow - 0425 270 613

CONTACT: Curtis Mahoney - 0477 106 108


THE 54TH INTERNATIONAL
**EUCHARISTIC
CONGRESS 2028**
SYDNEY, AUSTRALIA

THIS IS *my body* GIVEN *for you.*

Eucharistic
Prayer Aide



These short passages from Scripture and from saints down through the ages are designed to help provide a eucharistic focus to prayer. Whether in adoration before the Blessed Sacrament or after receiving Holy Communion at Mass, may each of us better appreciate what we have received, and what we are called to become.

Scriptural Passages *for reflection*

"This is my body, given for you; do this in memory of me."

Luke 22:19

"Jesus and his disciples went on to the villages around Caesarea Philippi. On the way he asked them, "Who do people say I am?" They replied, "Some say John the Baptist; others say Elijah; and still others, one of the prophets." "But what about you?" he asked. "Who do you say I am?"

Mark 8:27-29

"Jesus said to them, 'I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.'"

John 6:35

"Freely you have received, so freely give."

Matthew 10:8

"Lo, I am with you always, even to the end of the age."

Matthew 28:20

Jesus said to them, "Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you."

John 6:53

"Lord, to whom shall we go? You have the words of eternal life."

John 6:68

"Lord, teach us how to pray."

Luke 11:1

"I have been crucified with

Christ so that it is no longer I who live but Christ who lives in me."

Galatians 2:19-20

"All things work to the good for those who love God."

Romans 8:28

Saintly Thoughts *for reflection*

"Recognise in the bread what hung on the cross, and in the cup what flowed from his side."

St Augustine

"I am the wheat of God, so let me be ground by the teeth of the wild beasts that I may be made the pure bread of Christ."

St Ignatius of Antioch

"The bread of heaven came down on earth that he might feed the hungry."

St Cyril of Jerusalem

"Father, I am hungry; for the love of God give this soul her food, her Lord in the Eucharist!"

St Catherine of Siena

"Every Holy Communion fills us with Jesus and we must, with Our Lady, go in haste to give him to others."

St Teresa of Calcutta

"The heart of Jesus in the Eucharist is large enough to hold all our hearts in unity and is the dynamic factor that breaks open our hearts to include the poor."

St Mary of the Cross

Mackillop

Questions *for reflection*

What is God asking of me personally, during this year of prayer and eucharistic renewal?

How can I live a more eucharistic life?

Do we as a community live intentionally as the Body of Christ, broken and given up for others?

EUCHARIST 28 *Prayer*

Lord Jesus Christ, we thank you for the gift of your real presence in the Sacrament of the Holy Eucharist.

Grant us the grace to receive you reverently, worship you truly and serve you with hearts renewed.

By the power of the Holy Spirit strengthen us, so that as you gave yourself to the Father and to us, we too may offer our lives to God and to others.

Inspire and help us to serve you in those who are in need, especially the defenceless and homeless, the lonely and lost.

Unite us with your sacrifice of the Mass, so that we may truly become what we have received, the Body of Christ. Amen.

