

Saint Michael's Catholic Parish



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Diocese of Maitland-Newcastle

Fifth Sunday in Ordinary Time Year A 8 February 2026

We acknowledge the Worimi people - the traditional custodians of this land.
A light rises in the darkness for the upright.

WEEKEND MASS TIMES

Reconciliation:
Saturday
4.00pm - 4.45 pm
Saturday Vigil: 5:00 pm
Sunday Mass: 8.30 am
Exposition and
Adoration
One Hour before Mass

WEEKDAY MASS

Tuesday 5.00pm
Wednesday 9.15am
Thursday 5.00pm
Friday 9.15am

NURSING HOME MASSES

Every Second Wednesday
10.30 am Uniting.
Muller Street
Salamander Bay

Every Third Thursday
10.00am Regis Age Care
Corlette.

Every Forth Thursday
10.00am Harbourside
Shoal Bay.

PARISH CONTACTS

PARISH PRIEST:
Fr. Anthony Nguyen
Phone: 0420 401 025

PARISH DEACON:
Dcn Gerard McCarthy

PARISH SECRETARY:
Mrs Dianne Maricic
Parish Office Hours
9.30 am to 3.00 pm
Wednesday to Friday
Phone: 0401 233 650

**ST MICHAEL'S PRIMARY
SCHOOL PRINCIPAL:**
Ms Helen Bourne
Office: 4981 1111

COMMUNITY SAFETY AT OUR MASSES

Please be assured that we are doing all we can to ensure our gatherings are as safe as possible:

- Please do not enter the church or other parish buildings if you are unwell. This includes meetings/gatherings.**
- No density limits apply in Places of Worship but please allow space between people where possible.
- Please continue to hand sanitise.
- HOLY WATER is now available and is changed regularly.**

HOLY COMMUNION

The Communion host can be received in the hand, and on the tongue with care. Since the latter is deemed high risk, **please proceed to the Priest or Deacon only and at the end of the line.**

YOU ARE INVITED TO OUR ANOINTING MASS

Friday, 13 February 2026 at 9.15 am.

An anointing with the "Oil of the Sick" is for the sick, frail, elderly or anyone in need of healing.

NURSING HOME MASS

Mass at Uniting Muller Street 10.30am Wednesday 11 February 2026

MASS CELEBRATING WOMEN'S CONSECRATED LIFE

Bishop Michael warmly invites you to join with him in recognising and celebrating Women's Consecrated Life in a special Mass on Tuesday, 10 February at 11.00am in Sacred Heart Cathedral, Hamilton, followed by a light lunch in the Victor Peters Suite. RSVP is not essential.

MEDITATION GROUP

Christian meditation is the process in which we take time to become aware of our infinite potential in the context of the Christ event. Christian meditation is on every Friday at 10.00 am in the multi-purpose room at the back of the Church. Everyone is welcome to attend.

'Meditation gives us access to the Father through the Spirit of Jesus, who lives in our heart'

ST MICHAEL THE ARCHANGEL PRAYER

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all evil spirits who roam the world seeking the ruin of souls. Amen.

**ST MICHAEL'S CATHOLIC CHURCH - NELSON BAY
PROMOTES SAFEGUARDING, WHICH INVOLVES THE IMPLEMENTATION OF
PROACTIVE, COMMON SENSE AND PRACTICAL IDEAS THAT ENSURE THE SAFETY
OF CHILDREN AND VULNERABLE ADULTS IN OUR COMMUNITY.
SAFEGUARDING PROMOTION: FOR ALL SAFEGUARDING CONCERNs WITHIN THE
PARISH, PLEASE CONTACT: FR. ANTHONY, DEACON GERARD AND
DIANNE MARICIC.**



CELEBRATING ASH WEDNESDAY - 18th FEBRUARY 2026

The Season of Lent begins on Wednesday, 18th February with the celebration of Ash Wednesday. While Ash Wednesday is NOT a holy day of obligation, it does mark a suitable means of beginning our marking of the Season of Lent.

Ash Wednesday Mass 9.15 am.

The students from St Michael's School join us for Ash Wednesday Parish Mass.

COMPASSION LENTEN PROGRAM 2026 DIOCESE OF WOLLONGONG

This Lent, enter into the heart of compassion-to "suffer with" a grace-filled invitation to stand with Christ and with one another. Let this beautifully designed, 76-page, full-colour companion guide you through daily reflections, Sunday Gospel readings and reflections, spiritual direction, prayers, and group discussion questions, all crafted to deepen your encounter with God's mercy. Available and Pay at Piety Stall \$8.00 per book.

AN INVITATION TO BE PART OF THE 2026 LENTEN PROGRAM

Wednesday morning after Mass Fr. Anthony hosting a 2026 Lenten Program at the Multipurpose room, will recommence on Ash Wednesday, 18 February 2026. Please contact the parish office or Fr. Anthony if you need any information.

HELP NEEDED TO PASS GOD'S LOVE ON TO THE NEXT GENERATION

During the school term a group of parishioners from St. Michael's go to three of our local state schools to conduct a 30-minute Special Religious Education (SRE) lesson sharing the story of Jesus' Life, Death and Resurrection. If you are willing to share your faith with children, the SRE team would love to hear from you. All the lessons are prepared, and the Teachers' Manual provides a step-by-step guide. You will be provided with all the training and support you require. You will be rewarded with knowing that you are bringing the joy of the Gospel to young people, some of whom may have no other encounter with Christ during their school years. The impact you will have on these young people will be unique and lasting.

If you think you may be able to assist, please contact the SRE Coordinator, Kevin Locke, on 0413 987 192 or contact the Parish Office on 4981 0626. There will be a meeting for all current catechists and parishioners who are interested in learning more about this ministry on Thursday 19th February at 10am in the church meeting room.

INTERNATIONAL EUCHARISTIC CONGRESS 2028

The International Eucharistic Congress 2028 to take place in Archdiocese of Sydney, will be formally launched on Sunday, 1 March. Each parish in Australia has been invited to host a Holy Hour at Parish Mass on that Sunday. Bishop Michael has also expressed his hope and expectation that this will happen in the parishes of our diocese. The Holy Hour and Benediction will take place at 7.00am to 8.10am on Sunday, 1 March 2026 in St Michael's Church in Nelson Bay.

PRAYERS PLEASE

In your mercy, please pray for those who have died recently: Jack Paino, Johnny Paino, Mario Locantro, Juia Natoli, Benito Zaia, Peter Iacono, Renato Natoli, Veronica Mitzi **and those whose anniversaries occur around this time:** Mark Paton, Jack Allen, Andre Perrine, Margaret Lavender, Avelino Quinajon, Brian McKee **and for the sick in our parish:** Robyn Harris, Lorraine McCourt, Carole Crowe, Max and Therese Cooper, Justin Fox, Joe Garreffa, Brenda and Brian Tucker, Damien Brinley, Sarlic Trumbli, Maureen Noonan, Clemente Quinajon, David Berkeley, Artemia Sheather, Anna Tan, Johny and Alexander Vella and David Campbell.

Masses will be offered on request. Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.

Names on the Sick List will be removed after 4 weeks unless otherwise advised.

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NEXT SUNDAY

Sixth Sunday in Ordinary Time Year A

First Reading

Sirach 15:15-20

Responsorial Psalm

Happy are those who follow the law of the Lord!

Second Reading

1 Corinthians 2:6-10

Gospel

Matthew 5:17-37